















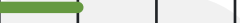















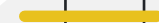


















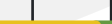




















































































# GARDENERS SEED PLANTING CALENDAR

Sow Indoors 

Sow Outdoors 

Harvest 

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
BEAN (BROAD)												
BEAN (FRENCH)												
BEAN (RUNNER)												
BEETROOT												
BROCCOLI												
BRUSSELS SPROUTS												
CABBAGE (SPRING)												
CABBAGE (WINTER)												
CARROT												
CAULIFLOWER												
CELEREY												
COURGETTE												
CUCUMBER												
KALE												
LEEK												
LETTUCE												
MARROW												
ONION												
PARSNIP												
PEA												
PEPPER / CHILLI												
POTATO												
PUMPKIN												
RADISH												
SPINACH												
SQUASH												
SWEDE												
SWEETCORN												
TOMATO												

Use this monthly seed planting guide to help plan your grow-your-own crops and harvest. Remember, the weather, temperature and other environmental factors can affect growth and timings.